



# Revised Sexual Predator Treatment Program (SPTP)

# **REVISED SEXUAL PREDATOR TREATMENT PROGRAM (SPTP)**

December 20, 2016

# Program Changes and Enhancements

- ▶ New 3-Tiered treatment program
- ▶ Increased Individualization
- ▶ Enhanced Parallel Program for individuals with intellectual or other disabilities
- ▶ Enhanced Assessments and Testing

# MISSION AND VISION STATEMENT

- ▶ It is the mission of the SPTP to promote safety for the community as well as to promote the welfare of the program's residents in a manner that fosters reintegration into a safe and stable environment for all Kansans.
- ▶ It is the vision of the SPTP to provide residents with the knowledge and tools needed for their reintegration back into society and production of non-violent citizens without compromising community safety.

# GUIDING PRINCIPLES

- ▶ Treatment is driven by an empirically validated, evidence-based approach with an emphasis on the change of dynamic risk factors.
- ▶ Individual treatment is driven by a comprehensive initial assessment and ongoing testing.
- ▶ Emphasis on the assessment and treatment of deviant sexual arousal through Penile Plethysmograph (PPG) and Polygraph testing and the potential application of pharmacological and behavioral treatments.
- ▶ Renewed emphasis on training of staff relative to treatment modalities, assessments and the overall Mission of SPTP.
- ▶ Examination of caseloads to ensure optimal treatment and change.

# NEW PHASES FOR SPTP PROGRAMS

- ▶ Orientation and Assessment
- ▶ Tier One – Skill Acquisition
- ▶ Tier Two– Generalization
- ▶ Tier Three– Community Reintegration
- ▶ Court Ordered Transitional Release
- ▶ Court Ordered Conditional Release

# Orientation and Assessment

- ▶ All new admissions will complete an initial evaluation to include risk and other assessments to determine the risks and needs of the residents based on the Risk Needs Responsivity Model.
- ▶ Completion of a treatment plan and placement in treatment tracks based on the residents needs and risks.
  - ▶ Mainstream Track
  - ▶ Intellectual Disability/Learning Disorder & Neurocognitive Deficit Track
  - ▶ Treatment Resistant Track
- ▶ Residents will begin the treatment process in both group and individual therapy where they will complete their autobiography and victim sheets.

# Skill Acquisition – (Tier One)

- ▶ **Tier Goal:** To provide residents with the skills to live an offense-free life through therapy and supplemental groups which focus on their individual risk and needs.
- ▶ **Treatment Overview:** The amount and type of therapy residents will receive will be individualized to residents' needs and risk. Residents will be placed in High, Medium, or Low Risk therapy groups, a Relapse Prevention group, Cognitive Behavioral Therapy (CBT) for sexual offending, and other individualized groups and courses.



# Skill Demonstration (Tier Two)

- ▶ **Tier Goal**: The goal of Tier Two is to begin the process of moving from a highly structured inpatient program of treatment toward an essentially independent lifestyle.
- ▶ **Treatment Overview**: Residents will participate in the Good Lives Model and Self-Regulation group as well as a therapy group to address risk factors, sexual thoughts, and update their relapse prevention plans based on experiences during the supervised outings into the community.
- ▶ **Community Outings**: Residents will be re-introduced and acclimated to the real world through a graduated series of individualized and escorted outings where residents will demonstrate the ability to make appropriate decisions within the community.

# Community Reintegration – (Tier Three)

- ▶ **Tier Goal**: Tier Three provides a safe way for residents to demonstrate their ability to translate the principles of offense-free behavior they have learned at LSH to a real world environment and assist residents in becoming self-sufficient when they apply for Transitional Release.
- ▶ **Treatment Overview**: Residents continue treatment and community reintegration by establishing employment, viable means of transportation, financial stability, and approved support network.
- ▶ **Reintegration Facility**: Residents move to one of the Reintegration Facilities at Larned, Osawatomie, or Parsons to offer residents a safe, step-by-step way of moving into an outpatient mode of functioning.
- ▶ **Progress to Transitional Release**: Successful Tier Three residents are recommended to the Court for Transitional Release by the SPTP.

# Transitional and Conditional Release

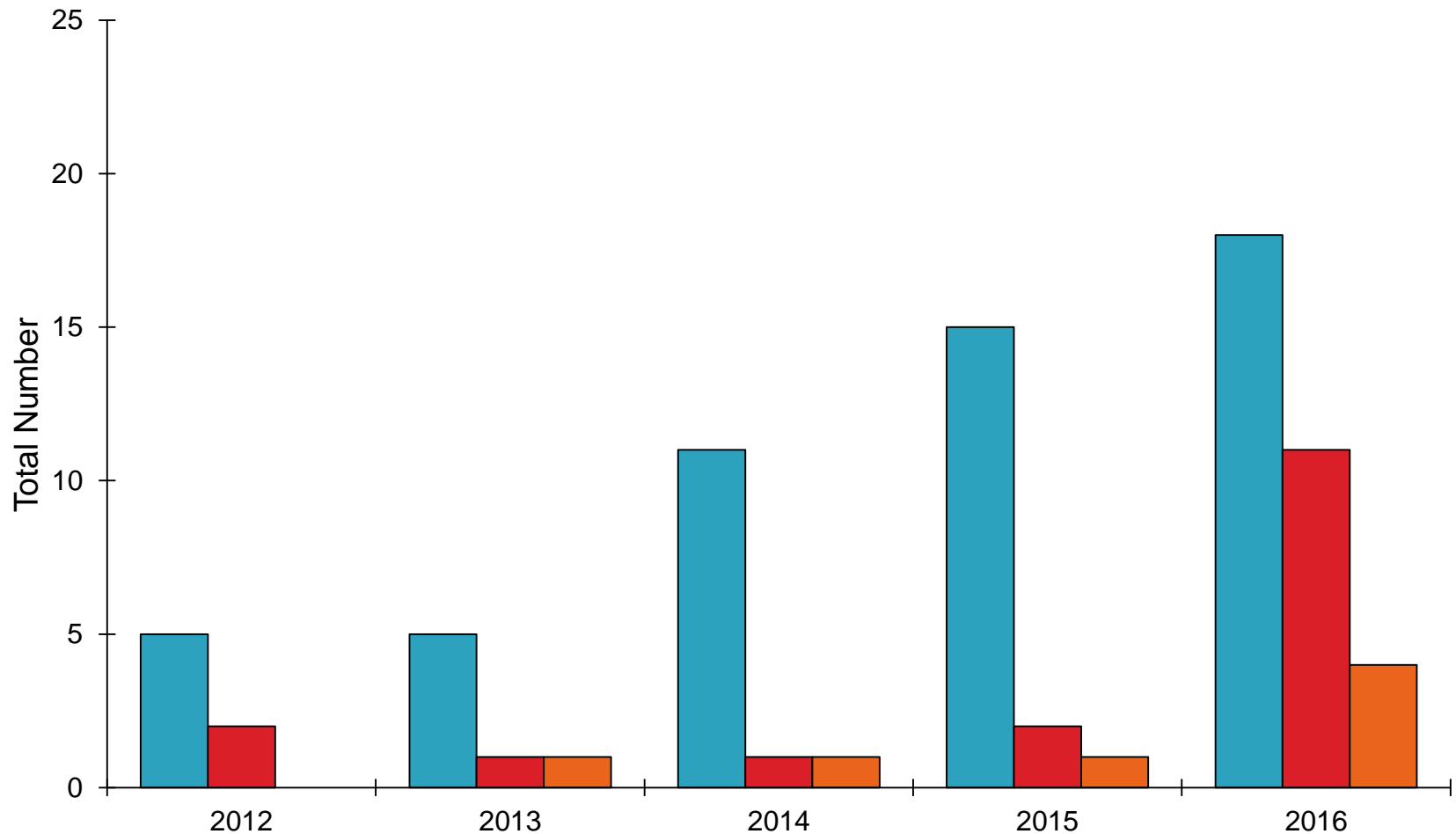
## Transitional Release

- ▶ Court ordered.
- ▶ Residents continue to reside at a Reintegration Facility.
- ▶ Residents look for long-term housing, continue therapy, and complete an approved Conditional Release Plan.
- ▶ SPTP may recommend successful candidates to the Court for movement into Conditional release.

## Conditional Release

- ▶ Court ordered.
- ▶ Residents are discharged from the SPTP and live in the community while under court supervision for a minimum of 5 years.

## Tier 3, Transitional Release, and Conditional Release 2012 - 2016



■ Tier 3 (Previous Phase 6) ■ Transitional Release ■ Conditional Release

# Legislative Post Audit

## Recommendation 1

- ▶ To better align the program with research-based recommendations practices, KDADS should:
  - Implement assessment tools that identify individual risks and needs
  - Develop individualized treatment plans
  - Conduct periodic reviews
  - Have annual exam prepared by an impartial clinician
  - Establish treatment criteria for residents with intellectual or developmental disabilities
  - Reevaluate the need for, and the extent of, non-clinical criteria for residents to advance to the next phase of treatment
  - Develop a plan for implementing above mentioned changes and a strategy for identifying and obtaining any additional resources needed

# Legislative Post Audit

## Recommendation 2

- ▶ To address issues related to management of the program, KDADS and program officials should:
  - Implement a process to review the program's services to ensure residents have skills to successfully transition to reintegration facilities and eventually back to the community
  - Develop and implement a process to ensure appropriate data is maintained to track treatment services, phase progression and participation
  - Utilize data to continually evaluate staffing and program services
  - Establish and implement process to periodically review policies, procedures and resident documents to ensure accuracy and proper implementation

# Legislative Post Audit

## ▶ Recommendation 3

- ▶ To address the population growth, KDADS and program officials should:
  - Develop a strategic plan and consider the options presented as part of the LPA audit
  - Examine the feasibility of relocating some or all of the Sexual Predator Treatment Program to an area of the state with a larger labor market
  - Develop an action plan between KDADS and KDOC for dealing with population growth issues

# Legislative Post Audit Recommendation 1

LPA Recommendation	Current Program
Implement appropriate assessment tools that identify the residents' risk of reoffending, as well as the presence of other factors that could affect treatment such as intellectual and development disabilities, addiction, trauma, and mental health issues.	Initial assessments include: <ul style="list-style-type: none"><li>– Review of records</li><li>– Clinical Interview</li><li>– Mental Status Exam</li><li>– Risk Assessments</li><li>– Intellectual Testing (if needed)</li><li>– Reading Assessments (if needed)</li><li>– Personality Testing</li><li>– Addiction and Trauma Assessments (if needed)</li></ul>



# Legislative Post Audit Recommendation 1

LPA Recommendation	Current Program
Develop individualized treatment plans based on the results of the various assessment tools.	All resident treatment plans are individualized based on information gained from the initial assessment.

# Legislative Post Audit Recommendation 1

LPA Recommendation	Current Program
Conduct periodic reviews to assess residents progress, reassess specific risk factors, and modify the treatment as needed	Treatment plans continue to be reviewed and updated every 90 days to ensure individualized treatment is being provided. In addition, the SOTIPS is completed every 6 months.

# Legislative Post Audit Recommendation 1

LPA Recommendation	Current Program
Modify the annual mental exams to assess whether resident's mental condition continues to meet commitment criteria, and have the exam conducted by impartial staff.	Impartial clinical staff conduct examinations. The examinations contain the following components (when applicable): A comprehensive record review including the initial Sexual Predator Evaluation/Forensic Evaluation, any Psychological Evaluations, and other noteworthy documents from their medical files; a Mental Status Exam; a Clinical Interview; a Static 99R risk assessment; a SOTIPS risk assessment; a personality test such as the MMPI-2-RF; any other relevant tests (i.e., cognition) and an interview of relevant treatment/program staff.

# Legislative Post Audit Recommendation 1

LPA Recommendation	Current Program
Establish treatment criteria that is tailored for residents with intellectual or developmental disabilities.	A specific curriculum has been implemented for individuals with an intellectual or developmental disability. The curriculum incorporates active role playing and modeling of prosocial behaviors.

# Legislative Post Audit Recommendation 1

LPA Recommendation	Current Program
Reevaluate the need for, and the extent of, non-clinical criteria for residents to advance to the next phase of treatment.	Advancement in the program is based on individualized risks and needs and the ability to internalize and demonstrate skills acquired related to re-offending.

# Legislative Post Audit Recommendation 1

LPA Recommendation	Current Program
Develop a plan for implementing these and other changes deemed appropriate. Identify the need for any additional resources and develop a strategy for obtaining those resources.	The Franklin Covey Process was utilized to implement changes. Work groups continue to meet to identify needs and execute ongoing changes.

# Legislative Post Audit Recommendation 2

LPA Recommendation	Current Program
Implement a process to review the program's services to ensure residents have the necessary skills to progress successfully to reintegration facilities and eventually transition back into the community.	<p>Residents acquire the skills necessary for successful reintegration during Tier Two classes and supervised outings.</p> <p>Examples of these classes include, but are not limited to:</p> <ul style="list-style-type: none"><li>• Balancing a check book and managing a budget</li><li>• Cooking</li><li>• Job skills<ul style="list-style-type: none"><li>• interview skills which include real life mock interviews</li><li>• online application practice</li></ul></li><li>• Community reintegration class<ul style="list-style-type: none"><li>• Safe computer use</li><li>• General technology use</li></ul></li></ul>

# Legislative Post Audit Recommendation 2

LPA Recommendation	Current Program
<p>Develop and implement a process to ensure appropriate program data are maintained to track treatment services, cancellation of services, phase progression and participation data.</p> <p>Utilize this program data to continually evaluate staffing and program services.</p>	<p>A roster system has been implemented in the Electronic Medical Records system, used by staff, to track data related to treatment services, cancellation of services, tier progression and participation.</p>



# Legislative Post Audit Recommendation 2

LPA Recommendation	Current Program
Establish and implement a process to periodically review policies and procedures as well as resident documents to ensure accuracy and proper implementation.	SPTP treatment staff in conjunction with KDADS legal meet periodically to review and revise policies as well as to ensure training and proper implementation.

# Legislative Post Audit Recommendation 3

LPA Recommendation	Current Program
<p>Develop a strategic plan for addressing the program's population growth. As part of that plan, consider the options presented as part of this audit.</p> <p>Examine the feasibility of relocating some or all of the Sexual Predator Treatment Program to an area of the state with a larger labor market that will increase the number of potential job applicants.</p> <p>During the Legislative Post Audit Committee's consideration of the audit, the committee recommended that an action plan be developed by KDADS and the Department of Corrections for dealing with the population-growth issue identified in the report.</p>	<p>A committee was formed in 2015 and has met periodically to evaluate the recommendations of the LPA report and the SPTP Task Force report related to population growth and program location.</p> <p>The agency continues to work on the development of a strategic plan to address these areas of concern. Upon completion, the plan will be submitted to the Secretary of KDADS for review and approval.</p>